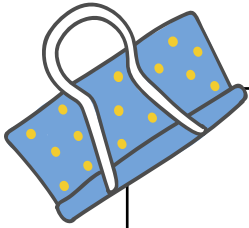


PARENT AND CARER NEWSLETTER

●●● SEPTEMBER 2024 ●●●



WELCOME!

A warm welcome to our new parents and carers, and to those whose young people are continuing their student journey with us. Term one is underway, our students are settling into their new courses and have familiarised themselves with their campuses, as well as how we can all work together to keep safe. Each of our curriculum areas are currently taking their students through their induction programme, where they will also be completing a variety of projects.

There's a great atmosphere across our campuses, and we're looking forward to supporting your young person to achieve their potential this academic year.

Included in the newsletter below is some important information for the term ahead, to keep you up-to-date with college life and some key GCSE English and maths dates for your diary.

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BLOOD SAMPLING - BIOLOGY STUDENTS

Our Sixth Form Biology students performed an experiment, going through the steps of putting blood onto a slide and testing for white blood cells. Students engaged with the task, which helped show them how the knowledge they've gained can be applied to a practical task and gave them an insight into what could be involved if they progress onto a career in the biology field.



Students testing blood for white blood cells

WELLBEING WELCOME EVENT

This month, we welcomed visitors from iCash, Norfolk Constabulary, Turning Point and many more to our Wellbeing Welcome across all campuses. Students had the opportunity to ask questions, get advice and participate in activities around their wellbeing. A massive thank you to everyone who helped make this possible for our students.



Students enjoying the wellbeing event

HOSPITALITY GUEST SPEAKER



Our Level 2 Professional Catering students have had the honour of being joined by Peter Clarke, the Executive Chef from the Imperial Hotel.

Peter worked with students to help them produce a number of street food-inspired dishes, offering them a professional perspective and providing invaluable advice that students will take with them throughout the coming academic year and into future careers.

REFURBISHMENT



Over the summer, our Lowestoft campus, Tower Block fifth floor, was refurbished. Now our wonderful art facilities are looking better than ever!

FOUNDATION AND AIR CABIN CREW COLLABORATION

The Foundation and Air Cabin Crew students have been collaborating over the last few weeks. This has helped the foundation students prepare for their trip to Italy and helped the Cabin Crew students develop life and communication skills that will be invaluable to them when dealing with future passengers.



Students in our mock air cabin

AUTOMOTIVE - FLINTSTONE CAR

Our Engineering and Motor Vehicle students have successfully built a Flintstone-inspired car, which will be featured at the NEC Classic Motor Show in November, displayed on the 2CVGB club stand.

Construction of the car began in September 2021 with the help of our foundation students. Since then, students have continually worked to improve the car, gaining valuable skills in areas such as fabrication, welding, engineering and electrical systems.



The Flintstone-inspired vehicle our students worked on

IGLOO VISION - IMMERSIVE CLASSROOM



Thanks to a successful bid from Rachel Bunn securing LISF funding, we are thrilled to announce the installation of an immersive classroom from Igloo Vision. This innovative space has been purposefully designed for one of the rooms within the Tower Block at our Lowestoft Campus.

The goal of this immersive classroom is to enhance students' learning experiences by transporting them into various environments and contexts. From exploring the depths of the ocean, to walking around a construction site or experiencing life in a World War II trench, this classroom offers something for every subject.



Inside the immersive classroom



An example of the immersive lessons the IGLOO can hold

THRIVE PROJECT

Our Projects department is delivering a new Suffolk-based project called “Thrive”. Thrive is a personal development service that gives adults and young people in Suffolk the tailored support and skills that they need to take a first step into employment, education or training.

Thrive’s services are free of charge, and we have dedicated Job/Progression Coaches to help you pave the way to a successful career.

The Job/Progression Coaches for East Coast College and East Suffolk area are as follows:

- Nicola (n.murray@eastcoast.ac.uk) Supports adults (aged 25+).
- Charlotte (c.reeves@eastcoast.ac.uk) Supports young people (aged 16-24).
- Eleanor (e.rooke@eastcoast.ac.uk) Supports adults and young people.

The Thrive project offers support and guidance in:

- CV writing and interview skills
- Career options, job searching and additional training needs
 - Advice on benefits and housing
 - Funded training or work experience
 - Friendly support events

The Thrive Project aims to provide help and support to anyone aged 16 and upwards. This may be anything from applying for jobs, researching further education, or training options.

You can find further information here: [Thrive: Suffolk Skills & Employment Service.](#)

If you know anyone that you work with who would benefit from support from Thrive, or have any further questions about the project and what we can offer, please do not hesitate to contact one of our Job Coaches or pop us an email at:

thrive@eastcoast.ac.uk

SEA LIFE CENTRE GUEST SPEAKER

Our Animal Care students had a visit from guest speaker Nathan Barnett, the General Manager of the Sea Life Centre, Great Yarmouth.

Nathan gave an inspirational talk about a project he has had a pivotal role in the rescue and rehabilitation of two beluga whales. This project has led to the creation of the world's first Beluga Whale Sanctuary.

It was a very engaging talk which gave students insight into the work Nathan does and how its success could potentially have a huge impact on the future of whales in captivity across the world.



Guest speaker Nathan Barnett giving a talk for our Animal Care students

SUMMER INTERNSHIPS

Over the summer, Engineering T Level students Harry Thompson Drew and Giang Vu undertook presentations as a part of the Ogden Trust Summer Internship at Equinor in Great Yarmouth. Both have thoroughly enjoyed the opportunity and have made numerous connections in the Renewable Energy industry, which will undoubtedly benefit them in the future.



Our students giving their presentations

THE APOLLO ROADSHOW



Our Projects team have been travelling around Norfolk and Suffolk for their Apollo Roadshow event.

With their very own customised bus at the forefront of their display, students and members of the public have been gathering to learn more about Apollo and Health and Social Care. Working alongside partner organisations Suffolk New College, West Suffolk College, College of West Anglia, City College Norwich and East Norfolk Sixth Form College to also create fun activities relating to the sector. They visited Ipswich, Bury St. Edmunds, Kings Lynn, Norwich and Great Yarmouth in this week-long event it was an overwhelming success for everyone involved.

Be sure to also visit the Apollo Facebook page by scanning the QR code below to have a chance at winning their giveaway!





Exploring a career in **Prosthetics** and **Orthotics**

»»» Are you **aged 14+** and considering a career in healthcare?

»»» Are you interested in **design, engineering, science and technology**?

»»» Would you like to find out more about **Prosthetics and Orthotics**?

Join us to learn more about the different roles and ways to get into the Prosthetic and Orthotic profession (including apprenticeships)

Norfolk & Waveney
AHP
Faculty



Online via
Microsoft Teams



**Tuesday October
15th 2024
5pm - 6pm**



Scan the QR to
register your interest



Cefas Careers Event

Are you interested in a career in STEM?

Join us at our annual careers event to hear about STEM careers in the aquatic science sector, including different entry routes and possibilities!

We'll have stands covering marine engineering, communications, chemistry, biology and more!

Students will have a chance to:

- Hear from inspirational scientists
- Discover the breadth of careers available in aquatic science
- View our interactive science stands



Join us on Tuesday 19 November (09:30-12:45)



CEFAS, Pakefield Road, Lowestoft, NR33 0HT



Centre for Environment
Fisheries & Aquaculture
Science



Cefas

You are invited to our

Research Celebration Event & Exhibition

Find out what we've been up to
and what we are doing next

Thursday 10th October

1pm to 4pm

At Great Yarmouth Town Hall, Hall Plain, NR30 2QF

No need to book, just walk in anytime

Get
involved

Stalls

Short talks
about research
projects

Interactive
opportunities

JPUH Research Celebration Exhibition

Great Yarmouth Town Hall, Thursday 10th October 1-4pm

Short-talk corner

Hear about...

The James Paget Hospital Research and Development; What is happening and what matters to you

And some specific studies

The big-data NuRS study, a first in identifying links at ward level between recruitment and retention of staff and the impact on patient safety and outcomes.

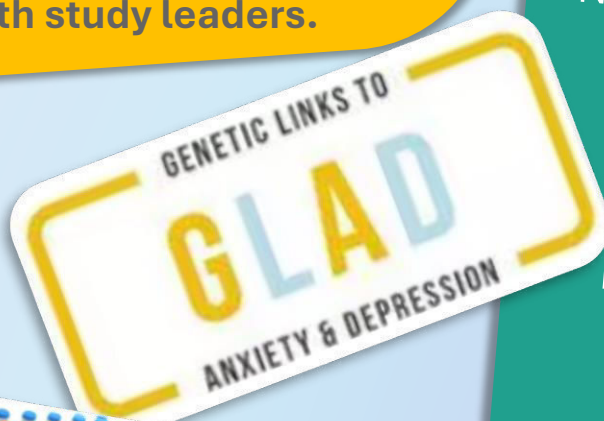
The JPUH Concept Ward, the first and award-winning pilot design of a ward for the new hospital build, exploring patient and staff experiences.

Live Q&A with study leaders.

Exhibits

NuRS Study
Concept Ward virtual reality
JPUH Research and Development
'Take a Chance on Me'
New hospital build
Armed forces
Library services
Education Team
Clinical Research Network East of England
Patient and Public Involvement team
Chaplain
Norfolk Institute for Coastal and Rural Health Equalities (NICHE)

Opportunity to participate in studies



View our new style hospital ward through virtual reality headsets



BA (Hons) Visual Art

Enrol in the Visual Art program and join a vibrant community of innovative thinkers, makers, and creators

Don't miss this fantastic opportunity! Register your interest by emailing HE@eastcoast.ac.uk

Are you seeking an opportunity to unleash your creativity?

Why choose us?

- Access to equipment, including screen printing, ceramics, state-of-the-art digital tools including Apple Mac suites, and photography.
- Dedicated personal studio space in a lively, collaborative environment.
- Opportunities to showcase your work in public spaces and galleries and develop your entrepreneurial/ business skills.
- Develop your ideas in painting, sculpture, printmaking, and digital media.
 - Guidance from experienced, practicing artists.

Want to find out more? Visit www.eastcoast.ac.uk/degrees



**LEADERSHIP
ACADEMY**

Unloc

ECC LEADERSHIP ACADEMY

ASPIRING YOUNG LEADERS WANTED

Studying at East Coast College in September 2024?

Passionate about making a difference in the college or your local community and want to develop your leadership skills, knowledge and confidence?

Then join our 3-day leadership, personal development and project planning programme, open to every East Coast College student, with a chance of winning up to £1000 to kickstart a community project and showcase yourself on your CV or UCAS statement.

Sign up now as there are only 30 spaces available!

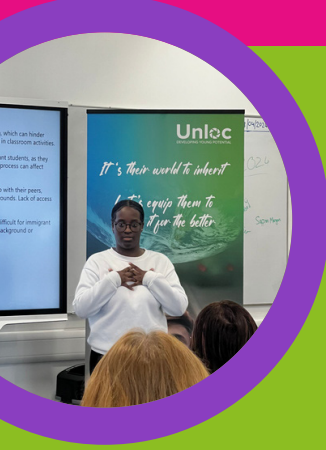


What students say about the programme...

"It's given me connections and a chance to share my ideas"

"Everyone made me believe I could do things I didn't think I could do. The Unloc staff made me feel wanted from start to finish and they were so supporting"

"The programme has not only inspired me to take action, it has allowed me to facilitate the campaign that I've been thinking about since the week I joined"



Secure your place here! ↪



**UNLOC.ORG.UK/
ECCLEADERSHIP
ACADEMY**

To discuss further please contact Wendy Stanger at East Coast College on w.stanger@eastcoast.ac.uk



Unloc.org.uk

[Unloc_UK](https://twitter.com/Unloc_UK)

[UnlocUK](https://www.instagram.com/UnlocUK)

GCSE EXAM DATES

eastcoast
COLLEGE

Autumn
2024

**SIGN IN DESK OPENS AT 8AM.
ALL STUDENTS SHOULD SIGN IN BY 8.45AM.**

- COLLEGE ID CARD REQUIRED
- NO MOBILE PHONES
- BRING YOUR OWN EQUIPMENT

GCSE ENGLISH

Tuesday 5th November — Paper 1

Thursday 7th November — Paper 2



GCSE MATHS

Wednesday 6th November — Paper 1 (non calc)

Friday 8th November — Paper 2 (calc)

Monday 11th November — Paper 3 (calc)



Improving lives **together**

Norfolk and Waveney Integrated Care System

VOLUNTEERING DISCOVERY PODCAST

Launching July 2024



Tune in to a new podcast exploring the world of health and care volunteering in Norfolk and Waveney.

Volunteering isn't a one size fits all activity. By talking to volunteers and the staff who work alongside them, we'll be finding out what it's really like to give your time to help others.

Follow us using:

<https://feeds.captivate.fm/volunteering-discovery/>

Or scan the QR code.



CONNECT WITH US!



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